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“Positive Parenting beautifully illustrates the choices that modern-day parents have to raise healthy and successful

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children through nurturing, empathetic relationships. Bolstered by research in neuroscience and human development, Eanes shows how parents must grow alongside their children, and how this parallel journey helps young people reach their full potential.

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shame—and instead foster an emotional connection that helps kids learn self-discipline, feel confident, and create lasting, loving bonds.

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resentment that's all too common in our hectic times.

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having a new baby in the house ended this time around.

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Parents need to find ways to reduce the pressure in the home and can do alot to help their child'sbehaviour through positive parenting. In fact,parents can



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make the difference between their child's behaviour getting out of control, and helping them manage everyday life in better ways. 5page

## **YOUR GUIDE TO POSITIVE PARENTING - Women Work**

Her newest book The Positive Parenting Workbook is a companion guide to her

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bestselling Positive Parenting: An Essential Guide. Filed Under: Parenting, Uncategorized Tagged With: ADHD, emotionally intense kids, explosive behaviors, handling aggression, positive parenting.

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Positive Parenting helps parents work through the difficult feelings that naturally occur throughout the parenting journey and provides strategies to help raise positive thinkers." --Katie Hurley, LCSW, author of The Happy Kid Handbook " Positive Parenting is more than a parenting book. It's a guide to human connection.

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## **Positive Parenting: An Essential Guide: Amazon.co.uk ...**

Positive Parenting: An Essential Guide  
Raising children is a challenging job, to say the least. On a daily basis, parents face the arduous tasks of being protectors, nourishers, comforters, teachers, guides, companions, and

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advocates for their children.

## » **Blog Archive Positive Parenting: An Essential Guide**

“ Positive Parenting is more than a parenting book. It’s a guide to human connection. Rebecca provides a roadmap for creating happy, deeply connected families where children and

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parents alike are able to rise to their fullest potential.” -Amy McCready, author of The “Me, Me, Me” Epidemic

## **Positive Parenting by Rebecca Eanes: 9780143109228 ...**

I've even included exercises to build positive communication skills. Because I wholeheartedly believe that building a

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foundation of trust with our children is essential to healthy growth and easier parenting, I've devoted a chapter on how you can connect deeply with your child no matter what age.

### **Strengthen Emotional Connection with The Positive ...**

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living through an unprecedented and stressful time, and many parents around the world have been asked to care for and educate their children at home. This presents unique challenges, especially for parents trying to work and...

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## **Positive Parenting: An Essential Guide: Eanes, Rebecca ...**

Filled with practical, solution-oriented advice, this is an empowering guide for any parent who longs to end the yelling, power struggles, and downward spiral of acting out, punishment, resentment,...

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## **Positive Parenting: An Essential Guide by Rebecca Eanes ...**

The book I opted to dive into first was entitled: Positive Parenting-An Essential Guide-Ending the Power Struggles and Reconnecting from the Heart written by the creator of Positive-Parenting.org, Rebecca Eanes. I have followed her website for quite some time, so this

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suggestion made the most sense to me.

## **Book Review-Positive Parenting: An Essential Guide ...**

In her new book, Positive Parenting: An Essential Guide, Rebecca shares her hard-won insights on giving up the conventional parenting paradigm to reconnect heart to heart with her

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children. Because parenting is about so much more than discipline, Rebecca hits on important topics less spoken about, making this more than a parenting book.

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