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A few months after releasing his first e-book, Leo Babauta from Zen Habits released his second e-book entitled Zen Habits Handbook for Life: Hundreds of Tips for Simplicity, Happiness, Productivity. I received a review copy in my inbox in the morning and read it on the evening after I came back from work. This 76-page e-book is a compilation of the best posts on Zen Habits.

Review: Zen Habits Handbook for Life - Life Optimizer

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